



# Symptom Analysis

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: M F (circle one) Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Referring Physician (to whom reports may be sent)

Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ x \_\_\_\_\_

Email: \_\_\_\_\_

Why are you seeing us? (please describe)

\_\_\_\_\_  
\_\_\_\_\_

Do you have any of these?

- Yes No
- Snoring
  - Coughing
  - Frequent sneezing
  - Diagnosis of asthma
  - Frequent headache
  - Bee sting reactions
  - Rashes or eczema
  - Itchy or watery eyes

- Yes No
- Past hospitalization for asthma
  - Possible reaction to food or drug
  - Wheezing or shortness of breath
  - Nasal congestion and/or runny nose
  - Drainage down back of throat
  - Frequent sinus infections/bronchitis
  - Frequent yellow or green nasal drainage

Symptoms occur most often:

- Spring
- Summer
- Autumn
- Winter
- Year round

Symptoms worsen/change with:

- Aerosols sprays
- Cold air
- Colds/flu
- Cosmetics
- Cigarette smoke
- Pets (cat, dog, bird, other)
- Plants (poison ivy)
- Chemicals
- Fresh cut grass
- Dusting or cleaning

List your current medications:

\_\_\_\_\_  
\_\_\_\_\_

Tell us about your home environment:

Type of house/apt floor: \_\_\_\_\_ Length of occupancy: \_\_\_\_\_

Heat:  Radiator  Central  Hot Water A/C:  Central  Window  None

Humidifier: (central/separate units) \_\_\_\_\_ Dampness/musty areas:  Yes  No

Bedroom: (Type of comforter/duvet:) \_\_\_\_\_ (Type of pillows):  Feather  Foam

(Type of blankets): \_\_\_\_\_ (Type of flooring): \_\_\_\_\_

Living area (Type of flooring): \_\_\_\_\_

Type and Number of Pets: \_\_\_\_\_ Bedroom pets: \_\_\_\_\_

Previous Pets: \_\_\_\_\_ Mice/Roaches:  Yes  No

Hospital visits/Surgeries: \_\_\_\_\_

Immunization Status: Are your vaccines up-to-date?  Yes  No

Past Allergy Care: \_\_\_\_\_

Do you have allergic reactions to:

- Aspirin
- Latex rubber
- Insect stings
- Other: \_\_\_\_\_
- Sulfites
- Food & additives
- Plants
- Medications
- Vaccines
- Soaps/fabric softeners/ cosmetics

Family History: (Parents) \_\_\_\_\_ (Siblings) \_\_\_\_\_ (Other) \_\_\_\_\_

Social & Work History - Occupation: \_\_\_\_\_

Work exposure: \_\_\_\_\_ Skin sensitivities: \_\_\_\_\_

Sensitivity to chemicals/smells/newspapers: \_\_\_\_\_ Alcohol usage: \_\_\_\_\_ Drug usage: \_\_\_\_\_

Tobacco history: \_\_\_\_\_ Please describe: \_\_\_\_\_

Secondary tobacco exposure: \_\_\_\_\_